Mercodia

Mercodia Ultrasensitive Insulin ELISA

Directions for Use

REF 10-1132-03
Reagents for 96 determinations

For Research Use Only
Not for Use in Diagnostic Procedures

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31-3207
Version 1.0
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Explanation of symbols used on labels

	Reagents for 96 determinations
	Use-by date
	Temperature limit
	Batch code
	Catalogue number
	Consult electronic Instructions for Use
	Manufacturer

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Intended use

Mercodia Ultrasensitive Insulin ELISA provides a method for the quantitative determination of insulin in human serum or plasma.

Summary and explanation of the test

Insulin is the principal hormone responsible for the control of glucose metabolism. It is synthesized in the beta-cells of the islets of Langerhans as the precursor, proinsulin, which is processed to form C-peptide and insulin. Both are secreted in equimolar amounts into the portal circulation. The mature insulin molecule comprises two polypeptide chains, the A chain and the B chain (21 and 30 amino acids respectively). The two chains are linked together by two inter-chain disulphide bridges. There is also an intra-chain disulphide bridge in the A chain.

Secretion of insulin is mainly controlled by plasma glucose concentration, and the hormone has a number of important metabolic actions. Its principal function is to control the uptake and utilization of glucose in peripheral tissues via the glucose transporter. This and other hypoglycaemic activities, such as the inhibition of hepatic gluconeogenesis and glycogenolysis are counteracted by the hyperglycaemic hormones including glucagon, epinephrine (adrenaline), growth hormone and cortisol.

Insulin concentrations are severely reduced in Type 1 diabetes mellitus (T1DM) and some other conditions such as hypopituitarism. Insulin levels are raised in Type 2 diabetes Mellitus (T2DM), obesity, insulinoma and some endocrine dysfunctions such as Cushing's syndrome and acromegaly.

Principle of the procedure

Mercodia Ultrasensitive Insulin ELISA is a solid phase two-site enzyme immunoassay. It is based on the direct sandwich technique in which two monoclonal antibodies are directed against separate antigenic determinants on the insulin molecule. During incubation insulin in the sample react with peroxidase-conjugated anti-insulin antibodies and anti-insulin antibodies bound to microplate. A simple washing step removes unbound enzyme labeled antibody. The bound conjugate is detected by reaction with 3,3',5,5'-tetramethylbenzidine. The reaction is stopped by adding acid to give a colorimetric endpoint that is read spectrophotometrically.

Warnings and precautions

- All samples should be handled as of capable of transmitting infections.
- Each well can only be used once.
- Do not mix components from different lots.
- Dispose of used components according to local regulations for biohazardous waste.

For safety information, please consult the safety data sheets (SDS) available at our website https://www.mercodia.com/technical-library/.

Material required but not provided

- Pipettes with appropriate volumes (repeating pipettes preferred for addition of enzyme conjugate 1X solution, Substrate TMB and Stop Solution)
- Tubes, beakers and cylinders for reagent preparation
- Redistilled water
- Magnetic stirrer
- Vortex mixer
- Microplate reader with 450 nm filter
- Microplate shaker (700–900 cycles per minute, orbital movement)
- Microplate washing device with overflow function (recommended but not required)

Reagents

Each Mercodia Ultrasensitive Insulin ELISA kit contains reagents for 96 wells, sufficient for 42 samples and one calibrator curve in duplicate. For larger series of assays, use pooled reagents from packages bearing identical lot numbers. The expiry date for the complete kit is stated on the outer label. The recommended storage temperature is 2–8°C.

Coated Plate Mouse monoclonal anti-insulin For unused microplate strips, reseal the bag using adhesive tape, store at 2–8°C and use within 2 months.	1 plate	96 wells 8-well strips	Ready for use
Calibrators 1, 2, 3, 4, 5 Recombinant human insulin Color coded yellow Concentration stated on vial label.	5 vials	1000 µL	Ready for use
Calibrator 0 Color coded yellow *Note! Negative control!*	1 vial	5 mL	Ready for use
Enzyme Conjugate 11X Peroxidase conjugated mouse monoclonal anti-insulin	1 vial	1.2 mL	Preparation, see below
Enzyme Conjugate Buffer Color coded blue	1 vial	12 mL	Ready for use
Wash Buffer 21X Storage after dilution: 2-8°C for 2 months.	1 bottle	50 mL	Dilute with 1000 mL redistilled water to make wash buffer 1X solution.
Substrate TMB Colorless solution *Note! Light sensitive!*	1 bottle	22 mL	Ready for use
Stop Solution 0.5 M H_2SO_4	1 vial	7 mL	Ready for use

Preparation of enzyme conjugate 1X solution

Prepare the needed volume of enzyme conjugate 1X solution by dilution of Enzyme Conjugate 11X, (1+10) in Enzyme Conjugate Buffer or according to the table below. When preparing enzyme conjugate 1X solution for the whole plate, pour all of the Enzyme Conjugate Buffer into the Enzyme Conjugate 11X vial. Mix gently. Use within one day.

Number of strips	Enzyme Conjugate 11X	Enzyme Conjugate Buffer
12 strips	1 vial	1 vial
8 strips	700 µL	7 mL
4 strips	350 µL	3.5 mL

Specimen collection and handling

Serum

Collect blood by venipuncture, allow to clot, and separate the serum by centrifugation. Samples can be stored at 2–8°C up to 24 hours. For longer periods store samples at –20°C. Avoid repeated freezing and thawing.

Plasma

Collect blood by venipuncture into tubes containing heparin or EDTA as anticoagulant, and separate the plasma fraction by centrifugation. Samples can be stored at 2–8°C up to 24 hours. For longer periods store samples at –20°C. Avoid repeated freezing and thawing.

Preparation of samples

No dilution is normally required for serum and plasma samples, however, samples with a concentration above Calibrator 5 should be diluted in Calibrator 0 (or Mercodia Diabetes Sample Buffer, 10-1195-01).

Test procedure

All reagents and samples must be brought to room temperature before use. Prepare a calibrator curve for each assay run. The product has been optimized and validated without plate sealer.

1. Prepare enzyme conjugate 1X solution and wash buffer 1X solution.
2. Prepare sufficient microplate wells to accommodate Calibrators 1-5, Calibrator 0 (negative control), positive controls, and samples in duplicate.
3. Pipette 25 µL each of Calibrators, controls and samples into appropriate wells.
4. Add 100 µL enzyme conjugate 1X solution to each well.
5. Incubate on a plate shaker (700-900 rpm) for 1 hour at room temperature (18–25°C).
6. Wash 6 times with 700 µL wash buffer 1X solution per well using an automatic plate washer with overflow-wash function, after final wash, invert and tap the plate firmly against absorbent paper. Do not include soak step in washing procedure.
   Or manually,
   discard the reaction volume by inverting the microplate over a sink.
   Add 350 µL wash buffer 1X solution to each well. Discard the wash solution, tap firmly several times against absorbent paper to remove excess liquid.
   Repeat 5 times. Avoid prolonged soaking during washing procedure.
7. Add 200 µL Substrate TMB into each well.
8. Incubate on the bench for 30 minutes at room temperature (18–25°C)
9. Add 50 µL Stop Solution to each well.
   Place plate on a shaker for approximately 5 seconds to ensure mixing.
10. Read optical density at 450 nm and calculate results.
    Read within 30 minutes.

Note! Be extra careful not to contaminate the Substrate TMB with enzyme conjugate solution.

Internal quality control

Commercial controls such as Mercodia Diabetes Antigen Control (Cat. no. 10-1134-01/10-1164-03) and/or internal serum pools with low, intermediate and high insulin concentrations should routinely be assayed as samples, and results charted from day to day. It is good laboratory practice to record the following data for each assay: kit lot number, preparation date of components, OD values for Calibrators 1-5, and the positive and negative controls.

Calculation of results

The concentration of Insulin is determined by plotting the optical density (OD) at 450 nm of Calibrators 1-5 against their respective concentrations. Calibrator 0 should be used solely as a negative control and not included in the calibration curve.

It is important to use an appropriate curve fitting model that represents the true dose-response relationship to get accurate results. It is every laboratory's responsibility to validate the functionality of the chosen curve fitting model and software used.

The 10-1132-03 Ultrasensitive Insulin ELISA from Mercodia was validated using cubic spline curve fit.

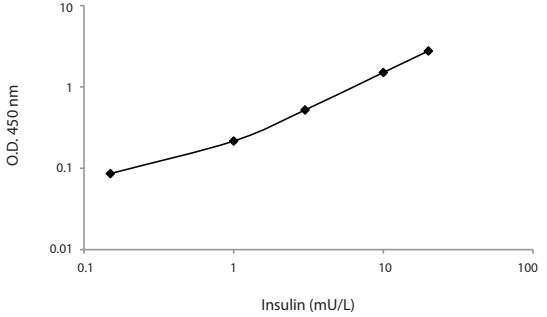
Example of results

Wells	Identity	$A_{450\ nm}$	Mean conc. mU/L
1A–B	Calibrator 0	0.071/0.073	
1C–D	Calibrator 1*	0.087/0.088	
1E–F	Calibrator 2*	0.186/0.188	
1G–H	Calibrator 3*	0.405/0.424	
2A–B	Calibrator 4*	1.172/1.241	
2C–D	Calibrator 5*	2.262/2.290	
2E–F	Sample 1	0.466/0.470	3.5
2G–H	Sample 2	1.987/1.926	17.0
3A–B	Sample 3	0.327/0.317	2.2

*Concentration stated on vial label.

Example of calibrator curve

A typical calibrator curve is shown here. Do not use this curve to determine actual assay results.



Limitations of the procedure

Application of this test to individuals already undergoing insulin therapy is complicated by formation of anti-insulin antibodies that are capable of interfering in the assay. Grossly lipemic, icteric or hemolyzed samples do not interfere in the assay. However, hemolysis in serum and plasma samples may result in a degradation of insulin which could give falsely low values and contributes to higher inter assay variation. The degradation is dependent on time, temperature and the hemoglobin concentration. Keep hemolyzed samples cold or on ice to prevent the insulin degradation.

Expected values

Good practice dictates that each laboratory establishes its own expected range of values. The following results may serve as a guide until the laboratory has gathered sufficient data of its own. Fasting levels for 137 tested, apparently healthy individuals, were 9.2 mU/L, a median of 6.9 mU/L and a range, corresponding to the central 95% of the observations, of 2–25 mU/L.

Performance characteristics

Detection limit

Detection limit is defined as the Capability of Detection according to ISO11843-Part 1. Capability of Detection should be seen as part of a method validation, rather than the lowest concentration that can be measured. The detection limit is 0.15 mU/L as determined by the methodology described in ISO11843-Part 4. Concentration of samples with absorbance below Calibrator 1 should not be calculated, instead expressed as less or equal to (≤) the concentration indicated on the vial for Calibrator 1.

Recovery

Recovery upon addition is 97%-107% (mean 102%).

Hook effect

Samples with a concentration of up to at least 800 000 mU/L can be measured without giving falsely low results.

Precision

Each sample was analyzed in 6 replicates on 6 different occasions.

		Coefficient of variation	
Sample	Mean value mU/L	Repeatability %*	Within laboratory %**
1	5.7	5.3	6.0
2	8.2	4.2	5.8
3	15.5	5.1	5.4

*Within assay variation
**Total assay variation

Specificity

The following cross reactions have been found:

	Crossreaction
C-peptide	< 0.01%
Proinsulin	< 0.01%
Proinsulin des (31-32)	< 0.5%
Proinsulin split (32-33)	< 0.5%
Proinsulin des (64-65)	98%
Proinsulin split (65-66)	56%
Insulin aspart	3%
Insulin glargine	12%
Insulin detemir	n.d.
Insulin lispro	n.d.
Insulin glulisine	n.d.
IGF-I	< 0.02%
IGF-II	< 0.02%
Rat insulin	0.7%
Mouse insulin	0.3%
Porcine insulin	93%
Ovine insulin	48%
Bovine insulin	31%

n.d. = not detected

Calibration

Mercodia Ultrasensitive Insulin ELISA kit is calibrated against 1st International Reference Preparation 66/304 for human insulin.

Conversion factor

1 µg/L = 23 mU/L; 1 mU/L = 6.0 pmol/L

Warranty

The performance data presented here was obtained using the procedure indicated. Any change or modification in the procedure not recommended by Mercodia AB may affect the results, in which event Mercodia AB disclaims all warranties expressed, implied or statutory, including the implied warranty of merchantability and fitness for use.

Mercodia AB and its authorized distributors, in such event, shall not be liable for damages indirect or consequential.

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Further references can be found on our website: **www.mercodia.com**

Notes

Notes

	1	2	3	4	5	6	7	8	9	10	11	12
A												
B												
C												
D												
E												
F												
G												
H												

Experiment: Date: KIT LOT#:

Summary of protocol sheet
Mercodia Ultrasensitive Insulin ELISA

Add Calibrators, controls* and samples	25 µL
Add enzyme conjugate 1X solution	100 µL
Incubate	1 hour at 18–25°C on a plate shaker (700–900 rpm)
Wash plate with wash buffer 1X solution	700 µL, 6 times
Add Substrate TMB	200 µL
Incubate	30 minutes at 18-25°C
Add Stop Solution	50 µL Shake for 5 seconds to ensure mixing
Measure $A_{450\ nm}$	Evaluate results

*not included

For full details see page 6

For technical support please contact: support@mercodia.com

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