

# Mercodia

# Ultrasensitive

# Rat Insulin ELISA

Directions for Use

**10-1251-01**

**Reagents for 96 determinations**

For Research Use Only





Please note that lot-specific  
Calibrator concentration is  
stated on vial label

Manufactured by

**Mercodia AB**

Sylveniusgatan 8A  
SE-754 50 Uppsala  
Sweden

## Explanation of symbols used on labels

 $\Sigma = 96$	Reagents for 96 determinations
	Expiry date
	Store between 2-8°C
	Lot No.

## **Intended use**

Mercodia Ultrasensitive Rat Insulin ELISA provides a method for the quantitative determination of insulin in rat serum or plasma.

## **Principle of the procedure**

Mercodia Ultrasensitive Rat Insulin ELISA is a solid phase two-site enzyme immunoassay. It is based on the direct sandwich technique in which two monoclonal antibodies are directed against separate antigenic determinants on the insulin molecule. During incubation insulin in the sample reacts with peroxidase-conjugated anti-insulin antibodies and anti-insulin antibodies bound to the microtitration well. A simple washing step removes unbound enzyme labeled antibody. The bound conjugate is detected by reaction with 3,3',5,5'-tetramethylbenzidine. The reaction is stopped by adding acid to give a colorimetric endpoint that is read spectrophotometrically.

## **Summary and explanation of the test**

Insulin is the principal hormone responsible for the control of glucose metabolism. It is synthesised in the  $\beta$ -cells of the islets of Langerhans as the precursor, proinsulin, which is processed to form C-peptide and insulin. Both are secreted in equimolar amounts into the portal circulation. The mature insulin molecule comprises two polypeptide chains, the A chain and the B chain. The two chains are linked together by two inter-chain disulphide bridges. There is also an intra-chain disulphide bridge in the A chain.

Secretion of insulin is mainly controlled by plasma glucose concentration, and the hormone has a number of important metabolic actions. Its principal function is to control the uptake and utilisation of glucose in peripheral tissues via the glucose transporter. This and other hypoglycaemic activities, such as the inhibition of hepatic gluconeogenesis and glycogenolysis are counteracted by the hyperglycaemic hormones including glucagon, epinephrine (adrenaline), growth hormone and cortisol.

## Warnings and precautions

- For research use only.
- Not for internal or external use in humans or animals.
- Each well can only be used once.
- The Stop Solution contains <5% Sulphuric acid.

The Stop Solution is labeled:



### Danger

H318 – Causes serious eye damage.

H315 – Causes skin irritation.

P280 – Wear protective gloves. Wear eye or face protection.

P264 – Wash hands thoroughly after handling.

P302 + P352 + P362 + P364 – IF ON SKIN: Wash with plenty of soap and water. Take off contaminated clothing and wash it before reuse.

P332 + P313 – If skin irritation occurs: Get medical attention.

P305 + P351 + P338 + P310 – IF IN EYES: Rinse cautiously with water for several minutes. Remove contact lenses, if present and easy to do.

Continue rinsing. Immediately call a POISON CENTER or physician.

- The Enzyme Conjugate Buffer, Cal 0, 1, 2, 3, 4, 5 and Wash Buffer contain <0.06% 5-chloro-2-methyl-4-isothiazolin-3-one and 2-methyl-2H-isothiazol-3-one (3:1).

The Enzyme Conjugate Buffer, the Calibrators and Wash Buffer are labeled:



### Warning

H317 – May cause an allergic skin reaction.

P280 – Wear protective gloves.

P261 – Avoid breathing vapour.

P272 – Contaminated work clothing should not be allowed out of the workplace.

P302 + P352 – IF ON SKIN: Wash with plenty of soap and water.

P333 + P313 – If skin irritation or rash occurs: Get medical attention.

P501 – Dispose of contents and container in accordance with all local, regional, national and international regulations.

## Material required but not provided

- Pipettes with appropriate volumes (repeating pipettes preferred for addition of enzyme conjugate 1X solution, Substrate TMB and Stop Solution)
- Tubes, beakers and cylinders for reagent preparation
- Redistilled water
- Magnetic stirrer
- Vortex mixer
- Microplate reader with 450 nm filter
- Microplate shaker (700–900 cycles per minute, orbital movement)
- Microplate washing device with overflow function (recommended but not required)

## Reagents

Each Mercodia Ultrasensitive Rat Insulin ELISA kit (10-1251-01) contains reagents for 96 wells, sufficient for 42 samples and one Calibrator curve in duplicate. For larger series of assays, use pooled reagents from packages bearing identical lot numbers. The expiry date for the complete kit is stated on the outer label. The recommended storage temperature is 2–8°C.

<b>Coated Plate</b> Mouse monoclonal anti-insulin For unused microplate strips, reseal the bag using adhesive tape, store at 2–8°C and use within 2 months.	1 plate	96 wells 8-well strips	Ready for Use
<b>Calibrators 1, 2, 3, 4, 5</b> Recombinant rat insulin 1 Color coded yellow Concentration stated on vial label	5 vials	1000 µL	Ready for Use
<b>Calibrator 0</b> Color coded yellow	1 vial	5 mL	Ready for Use
<b>Enzyme Conjugate 11X</b> Peroxidase conjugated mouse monoclonal anti-insulin	1 vial	1.3 mL	Preparation, see below
<b>Enzyme Conjugate Buffer</b> Color coded blue	1 vial	13 mL	Ready for use
<b>Wash Buffer 21X</b> mL Storage after dilution: 2–8°C for 2 months	1 bottle	50 mL	Dilute with 1000 redistilled water to make wash buffer 1X solution.
<b>Substrate TMB</b> Colorless solution <i>Note! Light sensitive!</i>	1 bottle	22 mL	Ready for Use
<b>Stop Solution</b> 0.5 M H <sub>2</sub> SO <sub>4</sub>	1 vial	7 mL	Ready for Use

## Preparation of enzyme conjugate 1X solution

Prepare the needed volume of enzyme conjugate 1X solution by dilution of Enzyme Conjugate 11X (1+10) in Enzyme Conjugate Buffer according to the table below. When preparing enzyme conjugate 1X solution for the whole plate, pour all of the Enzyme Conjugate Buffer into the Enzyme Conjugate 11X vial. Mix gently.

Number of strips	Enzyme Conjugate 11X	Enzyme Conjugate Buffer
12 strips	1 vial	1 vial
8 strips	800 µL	8.0 mL
4 strips	400 µL	4.0 mL

Storage after dilution: 2–8°C for 2 months.

## Specimen collection and handling

### Serum

Collect blood by venipuncture, allow to clot, and separate the serum by centrifugation. Samples can be stored at 2–8°C up to 24 hours. For longer periods store samples at –20°C. Avoid repeated freezing and thawing.

### Plasma

Collect blood by venipuncture into tubes containing heparin or EDTA as anticoagulant, and separate the plasma fraction by centrifugation. Samples can be stored at 2–8°C up to 24 hours. For longer periods store samples at –20°C. Avoid repeated freezing and thawing.

## Preparation of samples

No dilution is normally required for serum and plasma samples, however, samples with a concentration above Calibrator 5 should be diluted in Calibrator 0 (or Mercodia Diabetes Sample Buffer, 10-1195-01).

## Test procedure

All reagents and samples must be brought to room temperature before use.

Prepare a calibrator curve for each assay run. The product has been optimized and validated without plate sealer.

1. Prepare enzyme conjugate 1X solution, wash buffer 1X solution and samples.
2. Prepare sufficient microplate wells to accommodate Calibrators, controls and samples in duplicate.
3. Pipette 25  $\mu$ L each of Calibrators, controls and samples into appropriate wells.
4. Add 100  $\mu$ L of enzyme conjugate 1X solution into each well.
5. Incubate on a plate shaker (700-900 rpm) for 2 hours at room temperature (18-25°C).
6. Wash 6 times with 700  $\mu$ L wash buffer 1X solution per well using an automatic plate washer with overflow-wash function. After final wash, invert and tap the plate firmly against absorbent paper. Do not include soak step in washing procedure.  
Or manually,  
Discard the reaction volume by inverting the microplate over a sink. Add 350  $\mu$ L wash solution to each well. Discard the wash solution, tap firmly several times against absorbent paper to remove excess liquid. Repeat 5 times.  
Avoid prolonged soaking during washing procedure.
7. Add 200  $\mu$ L Substrate TMB into each well.
8. Incubate on the bench for 15 minutes at room temperature (18-25°C).
9. Add 50  $\mu$ L Stop Solution to each well.  
Place the plate on the shaker for approximately 5 seconds to ensure mixing.
10. Read optical density at 450 nm and calculate results.  
Read within 30 minutes.

*Note!* Be extra careful not to contaminate the Substrate TMB with enzyme conjugate.

## Internal quality control

Commercial controls such as Mercodia Diabetes Antigen Control Rat/Mouse (Low, Medium, High) (10-1220-01) and/or internal serum pools with low, intermediate and high insulin concentrations should routinely be assayed as samples, and results charted from day to day. It is good laboratory practice to record the following data for each assay: kit lot number, preparation dates of kit components, OD values for the blank, Calibrators and controls.

## Calculation of results

The concentration of insulin is obtained by computerized data reduction of the absorbance for the Calibrators, except for Calibrator 0, versus the concentration using cubic spline regression.

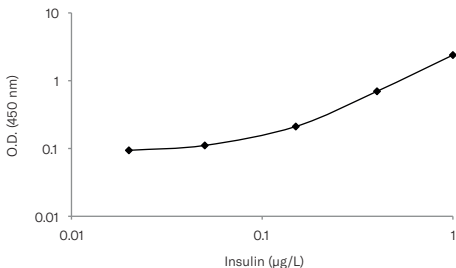
## Example of results

Wells	Identity	A <sub>450 nm</sub>	Mean conc. µg/L
1A-B	Calibrator 0	0.077/0.070	
1C-D	Calibrator 1*	0.087/0.083	
1E-F	Calibrator 2*	0.119/0.115	
1G-H	Calibrator 3*	0.286/0.276	
2A-B	Calibrator 4*	1.063/1.027	
2C-D	Calibrator 5*	2.989/3.033	0.12
2E-F	Sample 1	0.216/0.210	
2G-H	Sample 2	0.338/0.339	
3A-B	Sample 3	0.376/0.369	0.18
			0.19

\*Concentration stated on vial label.

## Calibrator curve

A typical calibrator curve is shown here. Do not use this curve to determine actual assay results.



## Conversion factor

1 µg corresponds to 174 pmol.



## Limitations of the procedure

### Performance limitations

Grossly lipemic, icteric or haemolysed samples do not interfere in the assay. Insulin is, however degraded over time in haemolysed samples. The degradation could give falsely low values and contribute to higher inter assay variation.

### Expected values

Good practice dictates that each laboratory establishes its own expected range of values.

### Performance characteristics

#### Detection limit

Capability of Detection should be seen as part of a method validation, rather than the lowest concentration that can be measured. The detection limit is  $\leq 0.020 \mu\text{g/L}$  as determined by the methodology described in ISO11843- Part 4.

Concentration of samples with absorbance below Calibrator 1 should not be calculated, instead expressed as less or equal to ( $\leq$ ) the concentration indicated on the vial for Calibrator 1.

#### Hook effect

Samples with a concentration up to at least  $450 \mu\text{g/L}$  can be measured without giving falsely low results.

### Precision

Each sample was analyzed in four replicates on 22 different occasions.

Sample	Mean value $\mu\text{g/L}$	Coefficient of variation	
		Repeatability %*	Within laboratory %**
1	0.11	2.9	5.0
2	0.17	2.0	4.3
3	0.19	2.6	3.8

\*Within assay variation

\*\*Total assay variation

## Specificity

The following crossreactions have been found:

	Crossreaction
Human Insulin	167 %
Human proinsulin	75 %
Human C-peptide	n.d.
Insulin lispro (Humalog®)	167 %
IGF-I	n.d.
IGF-II	n.d.
Rat proinsulin I	8 %
Rat proinsulin II	51 %
Mouse proinsulin I	31 %
Mouse proinsulin II	51 %
Mouse C-peptide I	n.d.
Mouse C-peptide II	n.d.
Rat C-peptide I	n.d.
Rat C-peptide II	n.d.
Mouse Insulin	75 %
Porcine Insulin	476 %
Ovine Insulin	179 %
Bovine Insulin	78 %

n.d. = not detected

## Calibration

Mercodia Rat Insulin ELISA is calibrated against an in-house reference preparation of rat insulin.

## Warranty

The performance data presented here was obtained using the procedure indicated. Any change or modification in the procedure not recommended by Mercodia AB may affect the results, in which event Mercodia AB disclaims all warranties expressed, implied or statutory, including the implied warranty of merchantability and fitness for use.

Mercodia AB and its authorised distributors, in such event, shall not be liable for damages indirect or consequential.

## References

Korner J, Savontaus E, Chua SC, Jr., Leibel RL, Wardlaw SL (2001) Leptin regulation of AgRP and Npy mRNA in the rat hypothalamus. *J Neuroendocrinol* 13:959-966

Kullin M, Li Z, Bondo Hansen J, Welsh N, Karlsson FA, Sandler S (2003) Protection of rat pancreatic islets by potassium channel openers against alloxan, sodium nitroprusside and interleukin-1 $\beta$  mediated suppression--possible involvement of the mitochondrial membrane potential. *Diabetologia* 46:80-88

Olsson R, Carlsson PO (2005) Better vascular engraftment and function in pancreatic islets transplanted without prior culture. *Diabetologia* 48:469-476

Rakatz I, Mueller H, Ritzeler O, Tennagels N, Eckel J (2004) Adiponectin counteracts cytokine- and fatty acid-induced apoptosis in the pancreatic beta-cell line INS-1. *Diabetologia* 47:249-258

Rydgren T, Sandler S (2002) Efficacy of 1400 W, a novel inhibitor of inducible nitric oxide synthase, in preventing interleukin-1 $\beta$ -induced suppression of pancreatic islet function in vitro and multiple low-dose streptozotocin-induced diabetes in vivo. *Eur J Endocrinol* 147:543-551

Further references can be found on our website: [www.mercodia.com](http://www.mercodia.com)

[illegible]

## Notes

[illegible]

[illegible]

	1	2	3	4	5	6	7	8	9	10	11	12
A												
B												
C												
D												
E												
F												
G												
H												

**Experiment:**

**Date:**

**KIT LOT#:**

**Summary of protocol sheet**  
**Mercodia Ultrasensitive Rat ELISA**

Add Calibrators, controls* and samples	25 µL
Add enzyme conjugate 1X solution to all wells	100 µL
Incubate	2 hours at 18-25°C on a plate shaker, 700-900 rpm
Wash plate with wash buffer 1X solution	700µL, 6 times
Add Substrate TMB	200 µL
Incubate	15 minutes at 18-25°C
Add Stop Solution	50 µL Shake for 5 seconds to ensure mixing
Measure A <sub>450 nm</sub>	Evaluate results

\*not included

For full details, see page 7

For technical support please contact: [support@mercodia.com](mailto:support@mercodia.com)